

PAN AM
DIVING CLUB
NEWSLETTER

BINGO
UPDATE

Michelle Funk would like to thank all those who completed their bingo requirements and those who helped her out when she needed someone last minute to act as a replacement.

Bingos for this quarter run thru September.

The new Bingo quarter will begin in October.

For information on your status, contact Michelle at 837-1000.

Thank you to Michelle for all her hard work in this thankless job!

Rip 'n' Roar

APRIL, MAY & JUNE 2006

Dates to Mark in Your Calendars!

Monday, July 10 – Age Group Nationals Team leaves for Edmonton

SUMMER CAMP SCHEDULE:

WEEK 1 July 10-14 Monday to Friday

LTD BEGINNERS Camp, 9 am to 12 noon

SUPER TOTS AND JR PC CAMP (Ashley & Summer Groups) 9 am - 1 pm

WEEK 2 July 17-21 Monday to Friday

AGN Divers & Coaches travel home on Monday

LTD BEGINNERS Camp, 9 am to 12 noon

WEEK 3 July 24-28 Monday to Friday

LTD BEGINNERS Camp, 9 am to 12 noon

LTD ADVANCED Camp, 9 am to 1 pm

COMPETITIVE CAMP (Dallas, Jon, Keith, Dylan Groups), 9 am to 1 pm

WEEK 4 July 31-Aug 4 Monday to Friday

LTD BEGINNERS Camp, 9 am to 12 noon

LTD ADVANCED Camp, 9 am to 1 pm

COMPETITIVE CAMP (Dallas, Jon, Keith, Dylan Groups), 9 am to 1 pm

WEEK 5 Aug 8-11 Tuesday to Friday, No Diving Aug 7, Civic Holiday

LTD BEGINNERS Camp, 9 am to 12 noon

LTD ADVANCED Camp, 9 am to 1 pm

Summer Camp registration is available at 487-6243 or dallas@panamdiving.com!

Monday, September 18 – Start of the Fall Learn-To-Dive Session!

Monday, September 25 – Start of the PADCC Club 2006-2007 Season!

Have a great summer everyone!

Pan Am Divers Travel the Country and World!

For the months of April, May and June our team has been very busy with competitions. We generally get busy with competitions around this time of year, but this year we had many exciting events both in Canada and overseas!

In the last three months we have had members compete in 8 events from provincial, national and international levels! It started with the **Western Canadian Championships**, April 21-23, in Regina with a large team of divers including some first time travelers! See story next page.

Then Cam traveled to Aachen, Germany with the Canadian Junior National Team to compete in the annual **Printer Springen 2006**, an exciting international event hosting junior divers from the Ukraine, Russia, Sweden, Italy, Germany, Netherlands, Switzerland, Finland, Great Britain, France, Egypt, Norway, Poland, Belarus and South Africa! Cam had a great 1-metre event, finishing 5th in the prelims and earning himself a spot in the finals. There he missed only 1 dive and was 4th to narrowly miss the medal podium in this prestigious event! Things did not go as well on 3-metre, where he finished 22nd in the prelim, however it was still a great experience for Cam.



Pan Am Diving Club divers have reached 12 different destinations this season!

Next up, Kevin traveled to the **Canada Cup FINA Grand Prix** and **USA Cup FINA Grand Prix** on back to back weekends: May 5-7 and 11-14. These were the 6th and 7th of 8 Grand Prix events on FINA's senior international circuit. Both hosted divers from around the world including China, Japan, Russia, Cuba, Italy, Mexico, Brazil, Venezuela, Germany, USA, Mexico, Great Britain and

New Zealand. At the Canada Cup, Kevin was 20th on 3m and 18th on tower in events of 25 and 26 divers. This was Kevin's first major senior international event on springboard! At the USA Grand Prix, he was 16th of 22 divers and did not compete on 3m springboard.

We took a girls team to Edmonton for the Alberta Summer Provincials, May 19-21. This was a combined training camp combined with a competition. See story later.

Next the seniors jumped into action, starting with Lauren in Rome, Italy for the **FINA Italian Grand**

Prix. She finished 26th out of 29 divers and then headed straight home for the **Summer Senior National Championships** the following week! We at the Pan Am Diving Club hosted the second Senior Nationals of the year and also had our largest senior national team in many years competing this time with 7 divers! See story later.



Finally, our smaller than usual team headed off to Thunder Bay for the **Ontario Provincials**. Our 6 member team needed only a couple of vans to get us there... no bus this time. Story next time.

And that concluded our 2005-2006 Season.

The only meet left to be contested is the Age Group National Championships, to which we are headed this week! Although this season was quite different that usual – off to a late start with the Polar Bear taking place two months later than usual, a small team going to Thunder Bay for the Ontario Provincials instead of the Thunderstruck Invitational, and not traveling as one big team to any given meet – the season still had its share of great rips, great flops, and many goals that were set, were met.

Congratulations to everyone!

Western Canadian Championships

The Western Canadian Championships was the first out of town competition for many of the divers in the club. As usual, we headed out in our team bus, but this time we had a different type of bus. The names for it ranged from the “van-bus” to “seniors transport”... we’re still not sure how exactly to describe it... It was much smaller than we are used to, and without the luxury of bucket seats, tables and

a bathroom, however it was very comfortable, had a DVD player and came with a friendly bus driver.

Once in Regina, the action began. Some of our divers were traveling out of town to compete for the first time. Congratulations to Kristi, Kelsey, Jason and Robyn for traveling for their first time with the us!

Many of our divers were out to attain their age group national qualifying scores, and several of them

did so. Lily qualified in D on 3m, Morgan and Austin both qualified in C on 1m and 3m, Cyrena qualified in B on 3m, and Jill qualified in A on 3m. Wow, we really loved those 3m boards!

Bronze was also the colour of the meet as 5 bronze medals were won... Austin on 1m, Cyrena on 1m and 3m, Jill on tower and Jenn on tower! Congratulations to Kristin for breaking the trend and winning the GOLD in women’s open tower! Kristin had a great event, nailing all of her

dives, and finished with her first major win.

Outside of the pool we tried to NOT eat at any chain restaurants, and as a result we discovered the fantastic Casa Italiana, the very fast and tasty Viet Thai and other great food that we normally don’t try on trips!

All in all, this was a very fun meet with a great team and it sounds like everyone had a good time.



Alberta Provincials

Due to the many cancellations of our training time during the month of May, those that traveled to Edmonton for the Alberta Summer Provincials also got a training camp out of the trip! The team left on Tuesday, where we would usually leave on the Thursday, and we had three training days of two workouts per day before the meet. This sharpened our skills a bit, but the many cancellations still

took their toll. Only Jill got her missing Age Group National qualifying score. She also had a great event on platform, and won Women’s Open! Congratulations Jill! Outside of the pool, we continued on with our food sampling and tried out sushi and a great Mexican place with live flamingo dancers! However, probably everyone’s favourite meal was at Boston Pizza on the night the Oilers won in the semi-finals and the city was going crazy! We were right on the busy street with all the excited fans. Of course our team joined in the spirit and had fun giving out our share of high-fives on the street too!

Hosting Summer Senior Nationals

Once again, our wonderful volunteers got together to put on a national event, only 2 months after the Polar Bear and only 4 months after Winter Nationals! We proved once again that our volunteers are the best! There is certainly no lack of energy!

In the meet we were well represented by the biggest senior national team we have had in many years. We were 7 divers strong including rookies Stephanie and Jenn who qualified for and competed in the 3m synchro event for the first time on the scene!

Despite the home crowd cheering like crazy, the girls had a disappointing meet while the boys did a great job. Cam had a very exciting event in the preliminaries of 1-metre to finish 5th going into the finals. Kevin had a very strong 10-metre event and finished with the

silver medal! Unfortunately he narrowly missed his point standard to qualify him for the Word Cup team. All in all, it was an exciting year for all the divers who go to watch the best divers in Canada here at home three times this year!

Western Canadians
Regina, SK April 21-23, 2006
Level 1 AGN Qualifier

Girls D 1m (15 divers)

Kansas Gross	178.45	9 th
Lily Kaufmann	175.20	11 th

Girls D 3m (14 divers)

Lily Kaufmann	212.80	7 th
Kansas Gross	196.70	8 th

Girls D Tower (6 divers)

Lily Kaufmann	147.35	5 th
Kansas Gross	146.70	6 th

Girls C 1m (21 divers)

Morgan Wankling	248.15	8 th
Lindsey Wankling	188.40	16 th
Kristi Heaver	168.85	19 th

Girls C 3m (20 divers)

Morgan Wankling	264.70	8 th
Lindsey Wankling	219.15	13 th

Girls C Tower (12 divers)

Morgan Wankling	197.15	7 th
Lindsey Wankling	183.45	8 th
Kristi Heaver	165.65	10 th

Boys C 1m (9 divers)

Austin MacMaster	247.65	Bronze
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Boys C 3m (9 divers)

Austin MacMaster	255.30	5 th
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Boys C Tower (6 diver)

Austin MacMaster	183.63	4 th
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Girls B 1m (7 divers)

Cyrena Couvier	294.05	Bronze
Kelsey Matwyczuk	141.00	7 th

Girls B 3m (5 divers)

Cyrena Couvier	333.25	Bronze
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Boys B 1m (6 divers)

Colin Fingas	208.05	5 th
Jason Martin	189.25	6 th

Boys B 3m (5 divers)

Colin Fingas	189.70	5 th
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Girls A 1m (10 divers)

Jill Gudmandson	354.55	5 th
Kim McNabb	275.15	9 th
Robyn Smith	235.75	10 th

Girls A 3m (9 divers)

Jill Gudmandson	414.30	5 th
Kim McNabb	330.80	9 th

Results

Girls A Tower (6 divers)

Jill Gudmandson	341.05	Bronze
Kim McNabb	244.05	6 th

Women's Open 1m (22 divers)

Jill Gudmandson	211.85	5 th
Stephanie Friesen	187.05	11 th
Kristin Davies	185.95	12 th
Cyrena Couvier	174.25	17 th
Jenn Heaver	161.60	18 th

Women's Open 3m (16 divers)

Kristin Davies	229.40	6 th
Jill Gudmandson	211.95	9 th
Jenn Heaver	184.85	12 th
Stephanie Friesen	174.80	14 th
Cyrena Couvier	167.05	15 th

Women's Open Tower (4 divers)

Kristin Davies	286.85	Gold
Jenn Heaver	186.95	Bronze

Women's Open 3m Synchro

(2 teams)

J. Heaver & S. Friesen	214.20	Silver
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Men's Open 1m (13 divers)

Devin St. Godard	178.40	11 th
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Men's Open 3m (9 diver)

Devin St. Godard	228.80	
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International Lambertz
PrintenSpringen
Aachen, Germany April 28-23

Boys A 1m Prelims (29 divers)

Cam McLean	441.90	5 th
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Boys A 1m Finals (12 divers)

Cam McLean	470.35	4 th
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Boys A 3m (31 divers)

Cam McLean	409.00	22 nd
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Canada Cup FINA Grand Prix
Victoria, BC May 5-7

Men's 3m Prelim (25 divers)

Kevin Geyson	325.50	20 th
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Men's Tower Prelim (26 divers)

Kevin Geyson	337.60	18 th
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USA Cup FINA Grand Prix
Victoria, BC May 11-14

Men's Tower Prelim (22 divers)

Kevin Geyson	331.60	16 th
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Alberta Summer Provincials
Edmonton, AB May 19-21
Level 1 AGN Qualifier

Girls D 1m (30 divers)

Lily Kaufmann	169.00	16 th
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Girls D 3m (19 divers)

Lily Kaufmann	184.15	13 th
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Girls D Tower (11 divers)

Lily Kaufmann	152.95	9 th
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Girls C 1m (27 divers)

Morgan Wankling	241.85	13 th
Lindsey Wankling	205.80	21 st

Girls C 1m (20 divers)

Morgan Wankling	240.75	12 th
Lindsey Wankling	226.10	15 th

Girls C Tower (16 divers)

Morgan Wankling	198.75	11 th
Lindsey Wankling	186.70	12 th

Girls B 1m (16 divers)

Cyrena Couvier	280.25	10 th
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Girls B 3m (12 divers)

Cyrena Couvier	316.95	7 th
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Girls A 1m (10 divers)

Jill Gudmandson	369.60	5 th
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Girls A 3m (9 divers)

Jill Gudmandson	379.60	6 th
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Girls A Tower (8 divers)

Jill Gudmandson	367.25	Silver
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Women's Open 1m (25 divers)

Jenn Heaver	160.10	19 th
Stephanie Friesen	154.85	21 st
Cyrena Couvier	139.40	23 rd

Women's Open 3m (20 divers)

Stephanie Friesen	175.20	17 th
Cyrena Couvier	169.65	19 th

Women's Open Tower (8 divers)

Jill Gudmandson	260.30	Gold
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Results

Italian FINA Grand Prix Rome, Italy June 2-4, 2006

Women's Tower Prelim (29 divers)
Lauren Penko 200.20 26th

Summer Senior Nationals Winnipeg, MB June 8-11, 2006

Women's 3m Prelims (35 divers)
Jill Gudmandson 204.75 33rd
Kristin Davies 163.40 35th

Women's 10m Prelims (20 divers)
Lauren Penko 261.80 10th
Jill Gudmandson 236.20 17th
Kristin Davies 216.15 19th

Women's 10m Semis (Top 18)
Lauren Penko 521.40 13th
Jill Gudmandson 473.10 17th

Men's 1m Prelims (17 divers)
Cam McLean 321.15 5th
Kevin Geyson 302.00 8th

Men's 1m Finals (Top 12)
Kevin Geyson 298.10 6th
Cam McLean 305.95 8th

Men's 3m Prelims (25 divers)
Kevin Geyson 350.90 8th
Cam McLean 343.05 9th

Men's 3m Semis (Top 18)
Kevin Geyson 706.30 8th
Cam McLean 656.65 11th

Men's 3m Finals (Top 12)
Kevin Geyson 1052.65 8th
Cam McLean 920.20 12th

Men's 10m Prelims (7 divers)
Kevin Geyson 380.30 3rd

Men's 10m Semis (7 divers)
Kevin Geyson 744.55 3rd

Men's 10m Finals (7 divers)
Kevin Geyson 1139.85 Silver

Ontario Provincials Thunder Bay, ON June 16-18, 2006

Boys E 1m (2 divers)
Cole Funk 204.30 Gold

Boys E 3m (2 divers)
Cole Funk 212.80 Gold

Boys D 1m (5 divers)
Cole Funk 174.20 4th

Boys D 3m (5 divers)
Cole Funk 183.75 4th

Girls D 1m (10 divers)
Lily Kaufmann 191.80 5th

Girls D 3m (8 divers)
Lily Kaufmann 202.40 5th

Girls D Tower (7 divers)
Lily Kaufmann 163.25 5th
Kansas Gross 163.20 6th

Girls C 1m (8 divers)
Morgan Wankling 223.95 4th
Lindsey Wankling 194.30 8th

Girls C 3m (8 diver)
Lindsey Wankling 236.15 4th
Morgan Wankling 225.75 6th

Girls C Tower (7 divers)
Morgan Wankling 214.95
Bronze
Lindsey Wankling 197.35 7th

Girls A 1m (8 divers)
Kim McNabb 277.40 8th

Girls A 3m (8 divers)
Kim McNabb 324.65 7th

Men's Open Synchro (4 teams)
C. Funk & T. Bergagnini 152.76 4th



Information regarding
fall programs for the
2006-2007 Season will
be distributed over the
summer. We wish
everyone a fun and
restful holiday!

